[Your Clinic's Letterhead] [Date] [Patient's Name] [Patient's Address] [City, State, Zip Code] Dear [Patient's Name], We hope this letter finds you well. We are writing to provide you with important information about your upcoming Electrocardiogram (EKG) procedure scheduled for [Date of Procedure]. An EKG is a simple and non-invasive test that records the electrical activity of your heart. It helps in diagnosing heart conditions and assessing heart health. During the test, electrodes will be placed on your chest, arms, and legs to detect the heart's electrical signals. This process typically takes around [duration of the test]. **Preparation for Your EKG:** - You do not need to fast before the test, but if you are taking any medications, please consult with your physician on whether to take them on the day of the test. - Wear loose, comfortable clothing to ensure easy access to your chest. - Arrive [time] minutes early to allow time for check-in. **What to Expect During the EKG:** - The technician will ask you to lie down on an examination table. - You will feel minimal discomfort, if any, from the electrodes being placed on your skin. - The test is painless and typically lasts about [duration]. **Post-Test Information:** - You can resume normal activities immediately after the EKG. - Your results will be reviewed by your healthcare provider, who will discuss them with you at your next appointment on [next appointment date]. If you have any questions or concerns prior to your appointment, please don't hesitate to contact our office at [Clinic Phone Number]. Thank you for your attention to this important aspect of your health care. Sincerely, [Your Name] [Your Title] [Your Clinic Name] [Clinic Address] [Clinic Phone Number] [Clinic Email]