```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Your Email]
[Your Phone Number]
[Date]
[Doctor's Name]
[Doctor's Office Name]
[Office Address]
[City, State, Zip Code]
Dear Dr. [Doctor's Last Name],
I hope this message finds you well. I am writing to request an
appointment for a consultation regarding [briefly state the reason for
the appointment].
I am available on the following dates and times:
- [Date 1]
- [Date 2]
- [Date 3]
Please let me know if any of these work for your schedule or if there are
other times you would prefer.
Thank you for your attention to this matter. I look forward to your
response.
Sincerely,
[Your Name]
```