Subject: Appointment Request for Health Check-up Dear [Healthcare Provider's Name or Clinic's Name], I hope this message finds you well. I would like to request an appointment for a health check-up at your earliest convenience. Preferred date and time: [Insert your preferred dates/times] Patient Name: [Your Full Name] Date of Birth: [Your Date of Birth] Contact Information: [Your Phone Number and/or Email] Please let me know if the requested time is available, or suggest an alternative. Thank you for your assistance. Best regards, [Your Name]

[Your Contact Information]