[Your Name]
[Your Address]
[City, State, ZIP Code]
[Email Address]
[Phone Number]

[Date]

[Healthcare Provider's Name] [Healthcare Facility Name]

[Facility Address]

[City, State, ZIP Code]

Dear [Healthcare Provider's Name or "Scheduling Department"], I hope this message finds you well. I am writing to request an appointment for [reason for appointment, e.g., a routine check-up, consultation, etc.].

Preferred Dates and Times:

- 1. [First preferred date and time]
- 2. [Second preferred date and time]
- 3. [Third preferred date and time]

Please let me know if any of the above options are available, or if there are alternative dates that you would recommend.

Thank you for your attention to this matter. I look forward to your prompt response.

Sincerely,

[Your Name]