```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name or Medical Facility Name]
[Facility Address]
[City, State, Zip Code]
Dear [Doctor's Name or "Appointment Coordinator"],
I hope this message finds you well. I am writing to request an
appointment for a medical check-up.
**Patient Information:**
- **Name:** [Your Name]
- **Date of Birth:** [Your DOB]
- **Contact Number:** [Your Phone Number]
I would appreciate it if you could schedule an appointment at your
earliest convenience. My availability is as follows:
- [List your available dates and times]
Please let me know if any of these times work for you, or if there are
alternative dates you can accommodate.
Thank you for your attention to this matter. I look forward to your
prompt response.
Sincerely,
```

[Your Name]