```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
[Recipient's Name]
[Title/Position]
[Office/Department Name]
[Address]
[City, State, Zip Code]
Dear [Recipient's Name],
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I hope this letter finds you well. I am writing to formally request an exemption from election duty scheduled for [specific date or dates], due to [briefly explain your reason, e.g., personal circumstances, medical condition, etc.].

[Include any relevant details that support your request, such as documentation, if necessary.]

I understand the importance of participating in the electoral process and am committed to fulfilling my civic responsibilities. However, under my current circumstances, I am unable to serve effectively.

Thank you for considering my request. I appreciate your attention to this matter and look forward to your understanding. Sincerely,

[Your Signature (if sending a hard copy)]
[Your Printed Name]
[Your Phone Number]