[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Date] [Recipient's Name] [Recipient's Address] [City, State, Zip Code] Dear [Recipient's Name], I hope this letter finds you surrounded by love and support during this challenging time. I want to take a moment to express my heartfelt care and concern for you following your recent diagnosis. It's completely understandable to have a whirlwind of emotions right now--fear, anger, or even confusion. Please know that you are not alone in this journey. I am here for you, ready to listen or help in any way you may need. Remember to lean on those who care for you, and don't hesitate to reach out if you need someone to talk to. Whether it's sharing updates, spending time together, or simply sitting in silence, I am here. Your strength and resilience have always been an inspiration, and I believe in your ability to face this battle with courage. Take one day at a time, and know that there are so many people rooting for you. Sending you all my love and support, [Your Name]