

****Victim Impact Statement Template****

****[Your Name]****

****[Your Address]****

****[City, State, Zip Code]****

****[Date]****

****To Whom It May Concern,****

I am writing this statement to describe the impact that the domestic violence I have experienced has had on my life.

****1. Personal Impact****

- Describe the emotional and psychological effects (e.g., anxiety, depression, fear).
- Mention any changes in your daily life (e.g., routines, relationships).

****2. Physical Impact****

- Detail any physical injuries sustained as a result of the violence.
- Discuss any ongoing health issues or medical treatments required.

****3. Financial Impact****

- Explain any financial hardships caused by the abuse (e.g., medical bills, lost wages).
- Mention any costs associated with therapy or counseling.

****4. Impact on Relationships****

- Describe how your relationships with family and friends have changed.
- Discuss any social isolation or withdrawal you may have experienced.

****5. Future Impact****

- Share your concerns for your future safety and well-being.
- Explain any long-term effects on your ability to trust others or engage in new relationships.

****Conclusion****

I hope this statement helps to convey the profound impact that this experience has had on my life. I urge the court to take these effects into consideration during this process.

Thank you for your attention to my situation.

Sincerely,

****[Your Signature]****

****[Your Printed Name]****