[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Date] [Parent's Name] [Parent's Address] [City, State, Zip Code] Dear [Parent's Name], I hope this letter finds you in moments of peace and comfort. As I sit here thinking about you, my heart is filled with so many memories we've shared together. Each moment we had is a treasure to me, and I am so grateful for your love, guidance, and wisdom throughout my life. I want you to know how much you mean to me. Your strength and kindness have shaped who I am, and I carry your lessons with me every day. I cherish the laughter and the times we've spent together, and I will forever hold them close to my heart. I also want to take this time to say that it's okay to rest. You have fought so bravely, and I admire your courage. Please know that I am here for you, to support you in whatever way you need. Let's continue to cherish our moments together, creating memories of love and warmth. You are not alone; I am by your side, and I love you deeply. With all my love, [Your Name]