[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Doctor's Office Name]
[Office Address]
[City, State, Zip Code]
Dear [Doctor's Name or Office Staff],

I am writing to inform you that I need to cancel my upcoming appointment scheduled for [original appointment date and time]. Unfortunately, [brief reason for cancellation, if desired].

I apologize for any inconvenience this may cause and appreciate your understanding. Please let me know if I can reschedule for a later date. Thank you for your assistance.

Sincerely,
[Your Name]