[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Title] [Company/Organization Name] [Company Address] [City, State, Zip Code] Dear [Recipient's Name],

I hope this message finds you well. I am writing to request a change to my upcoming appointment scheduled for [original date and time] due to [brief explanation of the reason].

If possible, I would greatly appreciate rescheduling the appointment to a later date. I am available on [provide two or three alternative dates and timesl.

Thank you for your understanding, and I apologize for any inconvenience this may cause. I look forward to your response. Sincerely,

[Your Name]