[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient Name] [Dental Office Name] [Office Address] [City, State, Zip Code] Dear [Recipient Name], I hope this letter finds you well. I am writing to request an appointment for a dental check-up. I am available on the following dates and times: - [Date and Time Option 1] - [Date and Time Option 2] - [Date and Time Option 3] Please let me know if any of these options work for you or if there are other available times. Thank you for your attention. I look forward to hearing from you soon. Sincerely, [Your Name] [Your Signature (if sending a hard copy)]