[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Date]

[Doctor's Office Name]

[Office Address]

[City, State, Zip Code]

Dear [Receptionist's Name or "To Whom It May Concern"],

I hope this message finds you well. I am writing to schedule a medical appointment for [Your Name] for [reason for visit, e.g., a routine check-up, specific issue, etc.].

I would like to request an appointment on any of the following dates and times, if available:

- 1. [Date and Time Option 1]
- 2. [Date and Time Option 2]
- 3. [Date and Time Option 3]

Please let me know which of these options works best, or if there are any other available slots.

Thank you for your assistance. I look forward to your reply.

Sincerely,

[Your Name]

[Your Health Insurance Information, if applicable]