```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Doctor's Office Name]
[Office Address]
[City, State, Zip Code]
Dear [Doctor's Name],
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I am writing to request an appointment for a consultation. I would like to discuss [briefly state the reason, e.g., my recent health concerns, a routine check-up, etc.].

I am available on the following dates and times:

- [Date 1, Time]
- [Date 2, Time]
- [Date 3, Time]

Please let me know which date works best for you or if there are any other available times.

Thank you for your attention to this matter. I look forward to your reply.

Sincerely,

[Your Name]