[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Title] [Organization/Agency Name] [Address] [City, State, Zip Code] Dear [Recipient's Name], I am writing to formally request disability services due to [briefly explain your disability and how it affects your daily life or education/work]. I am seeking assistance with [specific services you need, e.g., accommodations, resources, etc.]. I believe that these services are crucial for me to [explain how the services will help you]. Enclosed are any necessary documentation and medical records that support my request. I appreciate your attention to this matter and look forward to your prompt response. Thank you for your understanding and support. Sincerely,

[Your Name]