[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Title] [Agency/Organization Name] [Agency/Organization Address] [City, State, Zip Code] Dear [Recipient's Name], I hope this letter finds you well. I am writing to formally request disability benefits under [specific program/act] due to my [specific condition/disability]. I have been diagnosed with [provide brief description of condition] and have been experiencing [describe symptoms and impact on daily life]. This condition has significantly affected my ability to [explain how it affects work and daily activities]. Attached to this letter, you will find my medical documentation, including [list any included documents, such as diagnoses, treatment history, and any other relevant records]. These documents demonstrate the extent of my disability and support my request for benefits. I kindly request that you review my application and consider my situation. If additional information or documentation is needed, please do not hesitate to contact me at [your phone number or email]. Thank you for your attention to this matter. I look forward to your prompt response. Sincerely, [Your Name]

[Your Signature (if sending a hard copy)]