```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Insurance Company/Agency Name]
[Address]
[City, State, Zip Code]
Dear [Recipient's Name],
I am writing to formally submit my disability claim for [specific
condition or circumstances] that has resulted in my inability to work
effectively.
**Personal Information:**
- Full Name: [Your Full Name]
- Date of Birth: [Your Date of Birth]
- Policy Number: [Your Policy Number]
- Claim Number (if applicable): [Your Claim Number]
I have been diagnosed with [describe your medical condition] by [Doctor's
Name], and have been receiving treatment since [Date]. Enclosed are the
medical documents supporting my claim, including:
- [List of enclosed documents: medical reports, test results, etc.]
**Impact on Work Ability:**
As a result of my condition, I have experienced [briefly describe how
your condition affects your daily life and work abilities]. This has led
to my inability to perform the essential functions of my job as [Your Job
Title] at [Your Employer].
I kindly request that you review my claim and consider the enclosed
documentation. Please let me know if you require any further information
to process my claim.
Thank you for your attention to this matter. I look forward to your
prompt response.
Sincerely,
[Your Signature (if sending a hard copy)]
```

[Your Printed Name]

Enclosures: [List of enclosed documents]