

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Date]

[Congressman's Name]  
[Office Address]  
[City, State, Zip Code]

Dear [Congressman's Name],

[Introduction: Briefly introduce yourself and your connection to the congressman's district.]

[Body: Clearly state the purpose of your letter, including specific issues or concerns, and any relevant statistics or personal anecdotes.]

[Conclusion: Thank the congressman for their time and consideration, and express your hope for a response or action.]

Sincerely,

[Your Name]  
[Your Phone Number]