

```
**Bystander Intervention Discussion Notes Template**
**Date:** [Insert Date]
**Time:** [Insert Time]
**Location:** [Insert Location]
**Participants:** [List names or group of participants]
**Facilitator:** [Name of the person leading the discussion]
---
**Introduction:**
- Brief overview of the purpose of the discussion
- Importance of bystander intervention
**Key Definitions:**
- Bystander: [Definition]
- Intervention: [Definition]
- Consent: [Definition]
- Safe intervention: [Definition]
**Main Topics Discussed:**
1. **Understanding the Bystander Effect**
  - Explanation of the bystander effect
  - Real-life examples
2. **Recognizing Situations Requiring Intervention**
  - Types of situations (e.g., harassment, bullying, emergencies)
  - How to identify when someone may need help
3. **Strategies for Intervention**
  - Direct intervention strategies
  - Indirect intervention strategies
  - Knowing when to call for help
4. **Barriers to Intervention**
  - Fear of retaliation
  - Feeling unqualified to help
  - Group dynamics
  - Personal biases
5. **Promoting a Culture of Intervention**
  - Encouraging community support
  - Developing a supportive environment
  - Training opportunities
**Conclusion:**
- Recap of key points
- Call to action for participants
**Feedback:**
- Participant reflections
- Suggestions for future discussions
**Next Steps:**
- Schedule follow-up meeting
- Identify additional resources or training sessions
---
**Additional Resources:**
- [Resource 1]
- [Resource 2]
- [Resource 3]
**Contact Information:**
- [Facilitator's email/phone number]
---
**End of Notes**
```