Hey [Name],

I hope you're doing well. I've been thinking a lot about us lately, and it's been tough to come to this decision, but I believe it's best for both of us to part ways.

You mean a lot to me, and I value the time we've shared, but I think we're heading in different directions. I really appreciate everything you've done and the memories we created together.

I wish you all the best moving forward. Take care of yourself. [Your Name]