

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this letter finds you well. I want to take a moment to share some feelings that have been weighing on my heart. It's important to me to be honest with you as we navigate this difficult moment.

Over the time we have spent together, I've cherished the memories and experiences we've shared. However, I have come to realize that our paths are diverging in ways that are hard to ignore. I feel that we have grown apart and that continuing our relationship may not be the healthiest decision for either of us.

This decision wasn't made lightly. I believe it's crucial for both of us to pursue the happiness and fulfillment we deserve, even if that means doing so separately. I genuinely wish the best for you and hope you find joy and success in all that you do.

Please know that I will always care about you and appreciate the moments we had together. I hope we can part on good terms, and perhaps, in time, even remain friends.

Take care of yourself.

Sincerely,
[Your Name]