[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Title/Position] [Healthcare Provider/Organization Name] [Provider Address] [City, State, Zip Code] Subject: Subject Access Request for Medical Records Dear [Recipient's Name], I am writing to formally request access to my medical records under the provisions of the [relevant legislation, e.g., GDPR, HIPAA]. \*\*Personal Details:\*\* - Full Name: [Your Full Name] - Date of Birth: [Your Date of Birth] - NHS/Patient ID: [Your NHS or Patient ID, if applicable] I would like to request copies of my medical records, including but not limited to: - [List specific records or types of information you wish to access, e.g., consultation notes, lab results, treatment history] Please provide the requested information in a clear and accessible format. Should you require any further identification or documentation to process this request, do not hesitate to contact me via the details provided above. I appreciate your attention to this matter and look forward to your prompt response. Thank you for your assistance. Sincerely,

[Your Name]