```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Position]
[Company/Organization Name]
[Company/Organization Address]
[City, State, Zip Code]
Dear [Recipient's Name],
I, [Your Full Name], hereby authorize [Company/Organization Name] to use
my personal data for the following purposes: [specify purposes, e.g.,
marketing, research, etc.].
I understand that the use of my personal data will be handled in
accordance with relevant privacy laws and regulations.
This authorization is valid from [start date] until [end
date/indefinitely], unless I provide written notice to revoke it.
Thank you for your attention to this matter.
Sincerely,
[Your Signature (if sending a hard copy)]
[Your Printed Name]
```