[Your Name] [Your Address] [City, State, ZIP Code] [Email Address] [Date] Dear [Recipient's Name], I hope this letter finds you well. I wanted to take a moment to catch up and share a few things that have been happening in my life. [Insert personal update or anecdote here.] I'd love to hear what you've been up to. Let's plan a get-together soon! Take care, [Your Name]