

[Your Name]  
[Your Address]  
[City, State, ZIP Code]  
[Email Address]  
[Phone Number]  
[Date]

[Parole Board's Name]  
[Parole Board's Address]  
[City, State, ZIP Code]

Dear Members of the Parole Board,

I am writing to respectfully request parole consideration for myself, [Your Full Name], inmate number [Inmate Number], currently housed at [Correctional Facility Name]. I acknowledge the circumstances that led to my incarceration and want to take this opportunity to express my commitment to change and rehabilitation.

I have taken significant steps toward personal growth during my time in custody. [Discuss any educational programs, vocational training, therapy, or self-improvement activities you have undertaken]. These experiences have not only provided me with valuable skills but have also deepened my understanding of the impact of my actions.

I understand that my past choices have caused harm, and I have worked diligently to understand the consequences of those actions. [Highlight any insights gained or productive steps taken to make amends, such as counseling or community service]. I recognize the importance of accountability and am committed to leading a law-abiding life upon my release.

I am seeking parole because [explain your reasons, such as family support, employment opportunities, or a stable living situation]. I firmly believe that with the support of my family [or other support systems], I can reintegrate into society successfully and contribute positively to my community.

Thank you for considering my application for parole. I am hopeful for the opportunity to demonstrate that I have changed and am ready to contribute to society in a meaningful way.

Sincerely,

[Your Signature (if sending a hard copy)]  
[Your Printed Name]