[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient Name] [Title/Position] [Company/Organization Name] [Address] [City, State, Zip Code] Dear [Recipient Name], Subject: Proposal for Internship Training I am writing to propose an internship training program at

[Company/Organization Name] for the period [start date] to [end date]. As a [Your Degree/Field of Study] student at [Your University/College], I am eager to gain practical experience and contribute to your esteemed organization.

The objectives of the internship are as follows:

- 1. [Objective 1]
- 2. [Objective 2]
- 3. [Objective 3]

I am confident that my skills in [list relevant skills] will enable me to make a valuable contribution to your team. Additionally, I am enthusiastic about learning from industry professionals and further developing my skill set.

I would welcome the opportunity to discuss this proposal further and explore how I can contribute to [Company/Organization Name]. Please feel free to contact me at your convenience.

Thank you for considering my proposal. I look forward to your positive response.

Sincerely, [Your Name] [Your Degree/Field of Study] [Your University/College]