[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

Dear Mom and Dad,

I hope this letter finds you well. I wanted to take a moment to express my heartfelt gratitude for everything you have done for me. Your unwavering support and love have shaped who I am today.

Thank you for always being there for me during my highs and lows. Your guidance has been invaluable, and I am so grateful for the sacrifices you have made to ensure my happiness and success.

I cherish the special memories we've created together, and I look forward to many more. You mean the world to me, and I appreciate you more than words can express.

With all my love,
[Your Name]