

[Your Name]  
[Your Address]  
[City, State, ZIP Code]  
[Email Address]  
[Date]

Dear Mom and Dad,

I hope this letter finds you both in great health and high spirits. I've been thinking about you a lot lately and wanted to take a moment to share some updates and express my feelings.

[Insert personal update - school, work, hobbies, etc.]

I also wanted to thank you for [specific support, advice, or experience]. It has truly made a difference in my life and I appreciate everything you do.

[Insert a personal anecdote or memory that highlights your relationship.]

I miss our time together and look forward to [insert plans for visiting or activities to do together]. Let's make some new memories soon!

Take care and give my love to [any siblings, pets, etc.].

With all my love,

[Your Name]